



# The Rhythmical Alchemy Playshop

Pre-requisites - What to Bring - Training Schedule

**Pre-requisites:** No pre-requisites

However, if you are a Drum Circle Facilitator please read Arthur Hull's book: [Drum Circle Facilitation, Building Community Through Rhythm](#). The **Rhythmical Alchemy Playshop** (RAP) is a family-friendly event that people of all ages will enjoy. This is a great place to share your love of music and have fun with drums and percussion with your family and friends.

**Items to Bring:** Please bring at least one each of the following: shakers, bells, wood blocks, any special orchestrational instruments, your favorite drum, a glass bottle, and a few Found Sounds (1 loud, like a trash can lid, 1 soft, such as crumpled paper), as well as any special instruments you would like to play in the circle such as xylophones, Tibetan bells, gongs, etc. Please also bring bottled water & snacks for yourself, notebooks & pens.

**RAP Schedule :** Playshops begin on Friday afternoon and end on Sunday afternoon. Registration is on Friday from 5-5:30pm. Each day there will be one lunch for 1.5 hours, with 2 personal breaks of 10 min. each. On Saturday there will be one additional 1 hour meal break. Training schedules may vary based on local venue's needs. Please contact your local organizer to confirm training schedule.

## Rhythmical Alchemy Playshop Schedule

### FRI

05:00pm–05:30pm Registration / introductions / orientation

05:30pm–09:00pm RAP Training

### SAT

09:00am–01:00pm RAP Training

01:00pm–02:30pm Meal

02:30pm–07:30pm RAP Training

### SUN

09:00am–01:00pm RAP Training

01:00pm–02:30pm Meal

02:30pm–05:00pm RAP Training

05:00pm–05:30pm RAP Training Closing; Drum & Percussion Techniques Circle set-up

05:30pm–06:00pm Snack Break

06:00pm–07:30pm RAP Drum & Percussion Techniques Circle 1.5 hrs

Team Building

Community Building

Spirit Building

719 Swift Street #65

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